



Form No: IMS-F-03	Issued: 20210902	Reviewed: 20260218	Version No: V17	Authorised by: WAHTC Secretary
-------------------	------------------	--------------------	-----------------	--------------------------------

Jarrahwood (Nala Mia) Easter Trek 3-6 April 2026

New members should read this entire document.

Older members – the information particularly relevant to this trek is in red text.

All participants (including volunteers/support crew and visitors) must:

- read, understand, and agree to abide by the [WAHTC Club Rules](#) and the [ATHRA Code of Conduct](#), and
- read these Trek Notes to ensure this trek is suitable for you and your horse.

Pre-Requisites

New and Returning Members

Prior to nominating for a club ride, new members (and returning members who have had a few years' break) must:

- complete an induction ride with a Trail Boss and;
- be approved for riding with the club.

Contact the [Club Secretary](#) for the date and venue of the next induction ride.

Riders/Drivers must:

- be a current financial member of the WAHTC and ATHRA (join [here](#)), or a current member of another ATHRA club;
- take directions from their Trail Boss at all times whilst on a ride;
- be able to:
 - maintain a controlled walk and trot (and canter for Nimble Neddies) in a group;
 - control their horse in a range of situations, and at any position within the group; and
 - control and maintain a steady pace on varied terrain, including hills and negotiation of obstacles.
- have attended a minimum of two weekend camps with the club in the past two years.

Horse Suitability (more details here):

We expect that horses have had sufficient basic training to be able to:

- be controlled and safe in a group; and
- handle situations that may arise on a trail eg. low hanging branches, encounters with other animals (dogs, kangaroos, emus, wild pigs, alpacas, etc), water crossings, other horses becoming excited.

*Any horse that has raced, or been trained to race, must have undergone re-training and have successfully completed a WAHTC induction ride in a group of at least three horses, before participating in other club rides.

No dogs, stallions or donkeys please.

Trek Summary (see following pages for details)

Nala Mia is the Noongar name given to the Munda Bidji campsite at Jarrahwood.

Pronounced *Nar-lar Mee-a*, it translates as **“Our Place.”**

The name reflects an inclusive meaning — a shared place of gathering and rest — and acknowledges the Wardandi Noongar people as the Traditional Custodians of that land.

Trek Coordinator:	Robin Lonsdale	Phone:	0428 101 263
No. of Spaces:	20	Closing Date:	1 April 2026
Venue & Address:	Jarrahwood Campsite Jarrahwood Mill Rd, Jarrahwood	Ablutions:	Short walk to toilets
Water:	Horse water available. BYO drinking water	Type of Hay:	Weed free hay
Meals:	BYO	Manure & Waste Hay:	Place on designated pile
Tracks:	Gravel and sand, mostly flat		
Horse Fitness:	Moderate to be able to do four days riding		
Schedule:	You are welcome to arrive on Thursday afternoon.		
	Friday	SE 10-12km; NN & H 12-15km	Class 1-2 Briefing time 12:30pm
	Saturday	SE 12-15km; NN & H 20-25km	Class 1-2 Briefing time 9:00am
	Sunday	SE 12-15km; NN & H 20-25km	Class 1-2 Briefing time 9:00am
	Monday	SE 10-12km; NN & H 12-15km	Class 1-2 Briefing time 9:00am

Contents (click to be taken directly to section)

Pre-Requisites	1
Horse Suitability (more details here):	1
Trek Summary (see following pages for details)	2
Additional Details.....	3
Camping	4
Trek Details	6
Fees and Administration	10



Additional Details

Closing Date: Nominations close on **Wednesday 1st April**, unless maximum trek numbers are reached early. If trek numbers are met prior to the closing date, the trek will be closed for entries, but a wait list will be available. Contact the [Trek Coordinator](#) to go on the wait list.

- Nominate early to avoid disappointment.
- No late entries will be accepted.

Participants: **Maximum of 20 riders.**

Additional non-riding visitors and volunteers are welcome – please register separately on [Nominate](#).

Harness Vehicles: The trek is **suitable** for harness vehicles.

Juniors: **The trek is suitable for Juniors (12-17yo inclusive) who are capable independent riders, with a responsible adult to accompany them on the ridden portions as well as during the camp.**

Volunteers: Volunteers are welcome as part of the support crew:

- For insurance purposes, volunteers are required to register on [Nominate](#) and must sign the ride register at the event. You can find tips and instructions on how to enter Nominate [here](#).
- Please contact the [Trek Coordinator](#) to discuss volunteer duties.
- Refer to Clause 3.2 of the [Club Rules](#) for more details on attending as a volunteer.

Visitors: Visitors are welcome with the pre-approval of the [Trek Coordinator](#) and are required to register on [Nominate](#). You can find tips and instructions on how to enter Nominate [here](#).

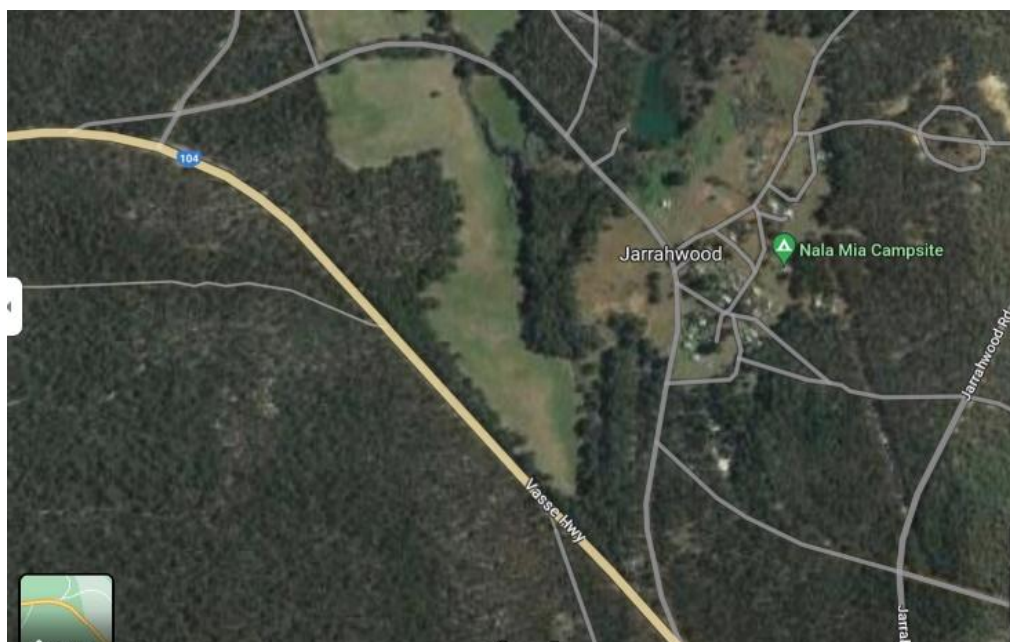
- Please refer to Clause 3.1 of the [Club Rules](#) for more details on visitor attendance.

Nominations: Please ensure you enter all details carefully and correctly when applying on the [Nominate](#) site – inserting an answer in every box. Tips and instructions available [here](#).

- **Ensure you do your entry on a laptop or computer. This site does not work well with a touchscreen, phone or tablet.**
- When you reach the “Class Entry” section where you pay the fees, please follow the instructions at the top carefully.

Once you have selected your entries, click on “Add Another Class” PRIOR to clicking on “Next”

Address and Directions: From Vasse Highway turn onto Old Vasse Hwy, then turn onto Jarrahwood Mill Rd and follow the signs.



Camping

Parking:

See map below for where to camp. Ensure you leave driveways clear for rear access to houses.



Yards:

BYO yards:

- Both electric and metal yards can be set up.
 - If you haven't set up your yards before, make sure you do a trial run at home first to ensure the yard is going to contain your horse. This is relevant for both metal and electric yards.
- Refer to Clause 7.1 of the [Club Rules](#) for requirements on electric fencing.
 - Ensure you have trained your horse with electric fencing prior to coming on the trek.

The area has NO perimeter fence, so ensure your yards are secure, and if you have any doubts, organise a secondary containment system eg. internal electric or hobbles.

Halters:

For the safety of all horses in case of escape from yards, as per the [Club Rules](#):

9.5 When a horse is in its yard, it must at all times be wearing a halter.

9.5.1 It is recommended that the halter has a break point.

A halter (or headgear that is dual purpose) and lead rope must be worn/carried with you out on the ride.

Ablutions:

Flushing toilets nearby. No showers available.

Water:

Water for horses available from tank.

Bring your own human water.

- Rubbish:** Please take all your rubbish home with you.
- Cooking & Meals:** Bring all your own meals and requirements, including meals, fridge/esky, gas stove, BBQ, crockery and cutlery.
- All rides will be either morning or afternoon, so have an early lunch before the ride, or a late lunch after the ride.
- Fires:** No fires
- Fuel and Supplies:** Nannup – 25km south.
- Mobile Phones:** Depending on your provider, there is some mobile coverage at camp and patchy coverage out on the trails.
- Horse Feed:** Bring your own horse feed.
- Please use feed with non-viable seeds such as pellets, micronized or cooked seeds, as we want to be low impact in our forests.
 - Start feeding this feed a week prior so that your horse gets used to it and so that any viable seeds have been eliminated prior to your arrival.
- Hay** Any hay is fine
- Clean Up:** Site must be as clean (or cleaner) than when you arrived.
- All manure and waste hay must be placed on the designated pile.
 - Please use a device such as a slow-feed net for hay to avoid having too much waste hay to dispose of.
 - If the hay is still clean, it can be left for the kangaroos to clean up.
 - BYO rake/bucket/trolley to clean up and transport waste to the pile.
 - Holes in yards – raked and flattened.
 - Any manure deposited outside your yard should be removed immediately.



Trek Details

Tracks:

Tracks are gravel or sand and are generally quite flat.

Potential Hazards:

Motorbikes, bicycles, emus, kangaroos, other road/track users, traffic.

Degree of Difficulty:

Tracks are Class 1-2.




If there are enough Trail Bosses, there will be two types of ridden groups (this will also be dependent on the riders for this particular trek).

For this trek, there will also be a harness group (H).

Each of the ridden groups may be divided into smaller groups:

1. "Steady Eddies" (SE) groups, compulsory for first timers and designed for those who want to do a more relaxed and sometimes shorter ride (walking and trotting, with possible slow controlled canter if all participants are agreeable).
2. "Nimble Neddies" (NN) group/s for those who want to do a faster/longer ride, with walking, trotting and controlled cantering. Nimble Neddies must:
 - have ridden with the club before,
 - be able to control their horse in a group canter, and
 - have been deemed suitable for Nimble Neddies by the relevant Trail Bosses.

Please consider which group you have the experience and skills to participate in.

	Class 1 – Easy Green	Wide, consistent surface and width of trail, gentle slope. Recommended for riders and horses with basic skills and fitness.
	Class 2 – Moderate Blue	Variable trail with narrow sections and uneven surfaces, moderate slope, some obstacles. Recommended for riders and horses with moderate skills and fitness.
	Class 3 – Difficult Black	Challenging trail, with extended sections of narrow and uneven surfaces, reduced corridor height, many obstacles and steep sections. Recommended for riders and horses with high skill and fitness level.

Rider/Driver Skills:

- Riders must be competent independent riders, with the ability, confidence and control to:
 - walk and trot (for Steady Eddies) and do a controlled canter (for Nimble Neddies);
 - cope with obstacles or bushy sections ie. stepping over logs, weaving around trees, ducking under branches;
 - cope with short steep sections of track eg. descending into a creek bed or going up the side of a track to detour around a fallen tree.
- Drivers must be competent drivers, with the ability, confidence, and control to navigate obstacles, and to walk, trot and canter in a group.
- Horses must be able to be controlled at each pace in a group, and in a range of situations and conditions.

Horses may not necessarily be able to be at the front of the group. Riders must be able to control their horse in this situation.

Horse Suitability

We expect that horses have had sufficient basic training to be able to:

- be controlled and safe in a group (please prepare by riding your horse out in a group prior to this trek); and
- handle situations that may arise on a trail eg. traffic, low hanging branches, encounters with other animals (dogs, kangaroos, emus, wild pigs, alpacas, etc), water crossings, other horses becoming excited.

Our treks are not designed to provide basic horse training/retraining.

Please choose treks that look like they will be suitable for your horse and the training it has had. If unsure, please contact the [Trek Coordinator](#) to discuss.

Any horse that has been trained to race, or has raced, must have undergone re-training and have safely and successfully ridden on a trail in a group of at least three horses.

Whilst on a ride, if a horse is deemed unsuitable for that ride, the Trail Boss may ask the rider to return to camp, accompanied by at least one other member (see Clause 11.4 of the [Club Rules](#) and Clause 3.29 of the [ATHRA Code of Conduct](#)).

This is to ensure the safety of the rider, and the safety and enjoyment of the other riders/drivers and horses on that ride.

Ride Briefings:

Please have horses groomed and booted, and all rider gear ready before Ride Briefings so that all you need to do is saddle and bridle your horse to be ready to ride out.

- Ride Briefings must be attended **without** your horse.
- Please ensure you sign the Ride Register each day at the Ride Briefing.
- Anyone not attending the Ride Briefing cannot go on the ride.

Schedule:

You are welcome to arrive on Thursday afternoon.

Day 1 (Friday)

Group	Distance (km)	Approx Ride Time (hours)	Pre-Ride Briefing Time	Ride Out Time	Details
SE	10-12	2-3	12:30pm	1:20pm	Native and pine forests, range of tracks, fairly flat, range of track surfaces.
NN	12-15	2-3		1:10pm	
H	12-15	2-3		1:00pm	

Day 2 (Saturday)

Group	Distance (km)	Approx Ride Time (hours)	Pre-Ride Briefing Time	Ride Out Time	Details
SE	12-15	2-4	9:00am	9:50am	Native and pine forests, range of tracks, fairly flat, range of track surfaces. Back in camp for lunch.
NN	20-25	3-4		9:40am	
H	20-25	3-4		9:30am	

Day 3 (Sunday)

Group	Distance (km)	Approx Ride Time (hours)	Pre-Ride Briefing Time	Ride Out Time	Details
SE	12-15	2-4	9:00am	9:50am	Native and pine forests, range of tracks, fairly flat, range of track surfaces. Back in camp for lunch.
NN	20-25	3-4		9:40am	
H	20-25	3-4		9:30am	

Day 4 (Monday)

Group	Distance (km)	Approx Ride Time (hours)	Pre-Ride Briefing Time	Ride Out Time	Details
SE	10-12	2-3	9:00am	9:50am	Native and pine forests, range of tracks, fairly flat, range of track surfaces. Back in camp for lunch and pack up.
NN	12-15	2-3		9:40am	
H	12-15	2-3		9:30am	



Horse Tack:

Tack must be well maintained, correctly fitted, and appropriate for the rides as described.

- If you have new tack, make sure it fits your horse prior to coming on the trek.
- Please refer to Clause 9 of the [Club Rules](#) for more details.

Boots/Shoes:

It is recommended that horses are shod or booted.

- If booted, the boots must be correctly fitted. It is recommended that you carry a spare boot when riding.
- If shod, it is recommended that you bring a set of shaped spares and tools should your horse cast a shoe on a ride.
- If not shod or booted, feet must be adequately conditioned to remain sound in the terrain and distances described. **If your horse becomes sore partway through the ride, necessitating slowing down the ride, or waiting for a float to pick your horse up, it will ruin the day for your fellow riders.**

If in doubt, please boot or shoe on all four feet as a sore horse will cause disruption to all the riders **and there is not necessarily a support vehicle to come and pick your horse up.**

Breast Plates:

Breast plates are recommended for all rides.

Food/Water on the Trail:

- Food – we recommend that you bring some snacks for yourself and perhaps for your horse.
- Hydration – we recommend that you always bring at least one bottle of water (hint: in summer, if you have access to a freezer, freeze your water bottle the night before, and you will have cold water for most of the ride).

Medications/First Aid:

- Please bring your own supply of medications (paracetamol, Ventolin, sugar/insulin for Diabetes, etc)
- Recommended to bring your own first aid kit for both you and your horse, as the club kit only contains basic requirements for humans.

Safety:

Important safety items:

- Helmets are highly recommended, and are compulsory for riders and passengers 12-17 (inclusive) years of age. Refer to Clause 8.3 of the [Club Rules](#).
- Suitable riding clothing and footwear for the environment and conditions described. Refer to Clause 8.1 and 8.2 of the [Club Rules](#).
- A red ribbon in the tail or a “Horse May Kick” sticker on the rump is compulsory for horses known to kick.
- All ride officials will wear fluoro vests and have two-way communications.
- Please ensure you have read, understood and agree to abide by the Riding Rules in Clause 12 of the [Club Rules](#).

Smokers:

Please refer to Clauses 7.5 and 11.10 of the [Club Rules](#).

Enquiries:

Further trek information is available from the [Trek Coordinator](#).

A Messenger group will be set up and any updates will be entered there. If you are not on Messenger, let the [Trek Coordinator](#) know so that they can contact you via text message.



Fees and Administration

Trek Fees:

All participants must make separate entries on [Nominate](#) to register for the weekend and pay fees.

Ensure you follow the Nominate instructions [here!](#)

Riding/Driving Members

- Riding/Driving/Admin Fees - \$30

Visitors

- Admin Fees - \$5

Volunteers

- No admin fees are payable for volunteers.

Refund Policy for Treks

If a participant wishes to withdraw/scratch before or during a trek, no refunds will be made for trek entry fees after the ride closes.

- Prior to this, the participant can scratch their place on Nominate and request a refund from Nominate.
- Please let the [Trek Coordinator](#) know if you scratch.

If a trek is cancelled altogether (due to lack of numbers or inclement weather), Nominate will refund the fees for that trek (less the 5.5% Nominate administration fee).

WAHTC Membership

To ride with the WAHTC, you must be a current member of the Australian Trail Horse Riders Association (ATHRA) and join as an Adult, Junior or Senior member. The ATHRA membership fee includes the \$10 WAHTC fee.

Join now to be eligible for the 2026 treks.

- The membership fees are:
 - Adult rider (18-79 years) - \$140
 - Junior rider (12-17 years) - \$50
 - Senior rider (80+ Years) - \$85
 - Social (non-riding) – \$50
- Previous members must renew each year before attending a trek.

- Go to [Membership](#) to renew your membership for next year or to join as a new member.

Members of other ATHRA clubs can join as an “Associate” member by going to the [Membership](#) link, and choosing free ATHRA membership and the club fee. This will entitle you to receive club emails and information, and to participate in club treks.

Insurances

Members are covered by:

- Personal Accident insurance whilst on a club trek, and
- 24/7 General Liability insurance for their horse.

Volunteers are covered by:

- Personal Accident insurance whilst assisting on a club trek.

For any questions about ATHRA insurance, please go to [Insurance FAQs](#).

Ambulance:

There is no coverage for ambulance costs through ATHRA’s insurances. Please ensure you have your own ambulance cover for all club rides.

Emergency Numbers:

Vet: GeoVet – 24 hr emergency service – 9754 4422
Geovet Nannup – 9756 0422

Hospital: Busselton Hospital – 9753 6000